

# BMJ Clinical Evidence

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## User guide

[www.clinicalevidence.com](http://www.clinicalevidence.com)

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# Fast Effective Up-to-date

## *BMJ Clinical Evidence*

*Helping you make better treatment decisions for your patients*

*BMJ Clinical Evidence* is the international source of the best available evidence for effective healthcare. We support the clinical decision making of hundreds of thousands of clinicians around the world by providing access to the latest medical evidence, continually updated, to help make treatment decisions.

Our panel of experts and specialist writers rigorously check and then summarise the most relevant evidence in a quick and easy to find format. Our reviews concentrate on summarising the evidence in relation to common clinical problems, to ensure that we provide solutions that are relevant to your patients.

The development and improvement of *BMJ Clinical Evidence* is a constant process. Based on extensive customer feedback we have continued to develop *BMJ Clinical Evidence* so that it remains at the forefront of evidence-based resources for clinical decisions.

Below are just some of the key features that you will discover:

- Systematic reviews covering over 3,000 clinical interventions
- 570 clinical questions answered
- Enhanced user interface
- Simple navigation
- Breaking research
- Drug safety alerts
- Links to key practice guidelines
- Single page summaries providing an instant overview

All of this is within a single, evidence-based resource.

This user guide introduces you to the essential features of *BMJ Clinical Evidence*, and will help you get the most out of it.

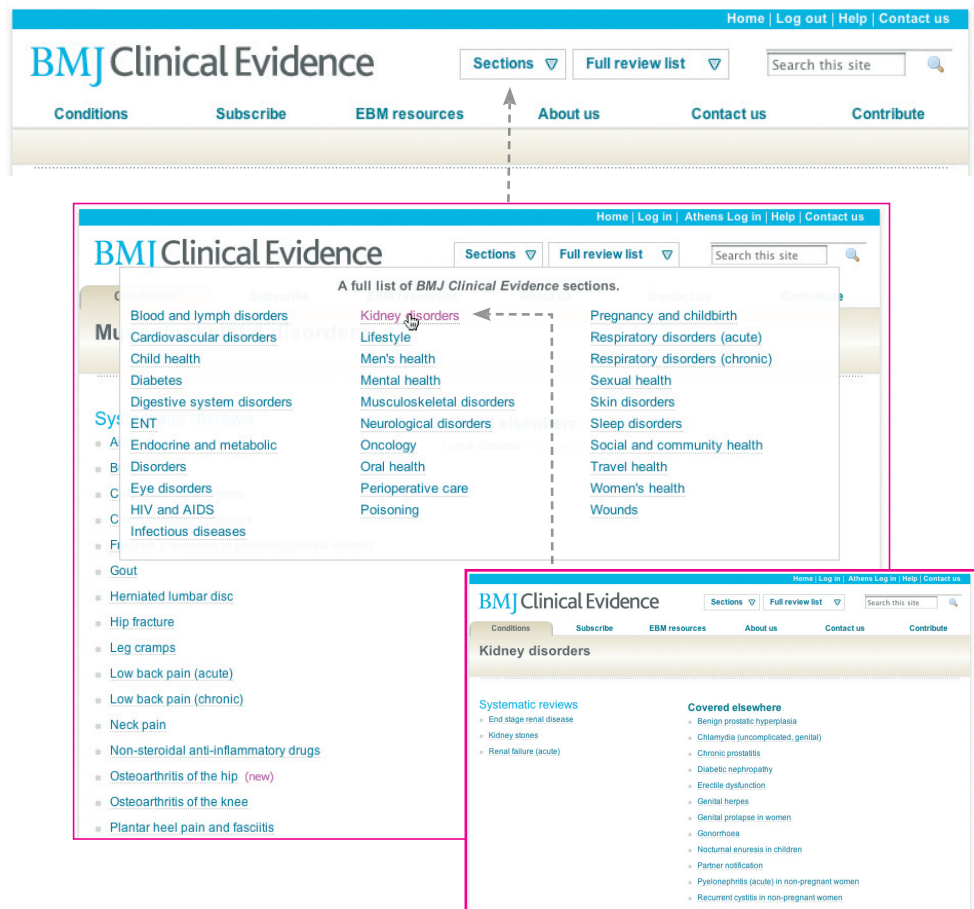
# Finding evidence

BMJ Clinical Evidence lets you start searching for the evidence you need directly from the home page.

There are three main methods to find the evidence you need: browsing by section or the full review list; or by using the site-wide search tool.

## FINDING BY SECTION

Click on the 'Sections' heading and an alphabetical pop-up list of sections will appear. By selecting the appropriate section, a new window appears showing the systematic reviews available.



## FINDING BY LISTING

Click on the 'Full review list' heading and an alphabetical pop-up list of reviews will appear. By clicking on the alphabet bar at the top of this window you can easily access the available evidence.

The screenshot shows the BMJ Clinical Evidence website interface. At the top, there is a navigation bar with 'Home | Log out | Help | Contact us' and a search box. Below this, there are several tabs: 'Conditions', 'Subscribe', 'EBM resources', 'About us', 'Contact us', and 'Contribute'. A dropdown menu labeled 'Full review list' is open, displaying an alphabetical index from A to Z. A dashed arrow points from the 'Full review list' tab in the top navigation bar to the dropdown menu. The dropdown menu is divided into three columns: A, B, and C. Each column lists various medical conditions and reviews. For example, under 'A', there are items like 'Absence seizures in children', 'Acne vulgaris', and 'Acute cholecystitis'. Under 'B', there are items like 'Bacterial conjunctivitis', 'Bacterial vaginosis', and 'Bell's palsy'. Under 'C', there are items like 'Candidiasis (oropharyngeal)', 'Candidiasis (vulvovaginal)', and 'Carbon monoxide poisoning (acute)'. At the bottom of the dropdown menu, there are some featured reviews, such as 'Schizophrenia (new evidence)' and 'All new and updated reviews'.

## FINDING BY SEARCHING

This facility is particularly valuable when searching for a treatment or condition that may appear in several different reviews e.g. Corticosteroids. Results are returned in listings which show a snippet of text with your search term highlighted so you can gauge the context. Results are ranked by relevance with a clear pathway that identifies where the results are located.

The screenshot shows the BMJ Clinical Evidence website interface with search results for 'glaucoma'. At the top, there is a navigation bar with 'Home | Log out | Help | Contact us' and a search box containing the text 'glaucoma'. Below this, there are several tabs: 'Conditions', 'Subscribe', 'EBM resources', 'About us', 'Contact us', and 'Contribute'. The main content area displays the search results. It starts with a heading 'Results for your search' and a sub-heading 'Here are the first 25 matches (from a total of 27) for your search 'glaucoma''. Below this, there is a message 'We provide help with searching if you can't find what you're looking for.' and a pagination bar showing '1 · 2 next >>'. The search results are listed in three entries, each with a title and a snippet of text. The first entry is 'Glaucoma' with a snippet: 'for established primary open angle glaucoma, ocular... (in people with primary open angle glaucoma or ocular... glaucoma? Lowering intraocular pressure Medical Eye disorders > Glaucoma > Interventions'. The second entry is 'Concomitant cataract (phaco or manual extracapsular extraction) and glaucoma surgery' with a snippet: 'related cataracts in people with glaucoma? Age related cataract in people with glaucoma Three RCTs... extracapsular extraction) and glaucoma surgery reduced Eye disorders > Cataract'. The third entry is 'Cataract surgery (phaco or manual extracapsular extraction) plus non-concomitant glaucoma surgery' with a snippet: 'related cataracts in people with glaucoma? Age related cataract in people with glaucoma One... surgery plus non-concomitant glaucoma surgery Eye disorders > Cataract'.

# Navigating a review

Once you have located the review that interests you, *BMJ Clinical Evidence* presents the information with a tabbed sub-menu. This evidence has been selected by systematic and rigorous searching to answer clinical questions whilst focusing on outcomes that matter most to patients and clinicians. Each treatment or intervention is then categorised according to its benefits and harms.

The core evidence is supplemented by links, references, and additional information.

The screenshot shows the BMJ Clinical Evidence interface for a review on 'Kidney stones'. The page features a navigation menu with tabs for 'Interventions', 'Key points', 'About this condition', 'Updates', 'Guidelines (6)', 'References', and 'Your responses'. A callout box titled 'INTERVENTIONS' points to the 'Interventions' tab, describing it as a summary of interventions ranked by effectiveness. Another callout, 'ABOUT THIS CONDITION', points to the 'About this condition' tab, describing it as background information. A third callout, 'GUIDELINES', points to the 'Guidelines (6)' tab, describing it as links to major guidelines. Below the navigation menu, there is a section for 'Key points' with a callout 'KEY POINTS' describing it as a one-page summary. The 'Updates' tab is also highlighted with a callout 'UPDATES' describing it as material published since the review search date. On the right side, there are 'Print page' and 'Print review' buttons, with a callout 'PRINT OPTIONS' describing these as options to print or download a multi-page review in PDF format. A 'Respond to this review' box is also visible on the right.

**INTERVENTIONS**  
A summary of interventions ranked by their effectiveness

**ABOUT THIS CONDITION**  
Background information about the condition

**GUIDELINES**  
Links to major guidelines relevant to the review

**KEY POINTS**  
A one page summary of the review

**UPDATES**  
Material published since the review search date

**PRINT OPTIONS**  
Print the page or download a multi-page review in PDF format

# Reading the full text

## Interventions

Possible interventions for each condition are summarised in an interventions table. They are categorised by their effectiveness, using a series of icons for easy reference (see below).

**OTHER TABS**  
See previous page.

The screenshot shows the 'Interventions' tab for 'Kidney stones'. The page is organized into three main sections based on stone type: Asymptomatic stones, Symptomatic renal stones, and Symptomatic ureteric stones. Each section lists interventions with associated effectiveness icons. A 'Respond to this review' box is present on the right side of the page.

Stone Type	Effectiveness	Interventions
Asymptomatic stones	Unknown effectiveness	<ul style="list-style-type: none"> <li>Extracorporeal shockwave lithotripsy (ESWL) in people with asymptomatic renal or ureteric stones</li> <li>Percutaneous nephrolithotomy (PCNL) in people with asymptomatic renal or ureteric stones</li> <li>Ureteroscopy in people with asymptomatic renal or ureteric stones</li> </ul>
	Likely to be beneficial	<ul style="list-style-type: none"> <li>Extracorporeal shockwave lithotripsy (ESWL) in people with renal stones less than 20 mm</li> <li>Percutaneous nephrolithotomy (PCNL) in people with renal stones</li> </ul>
	Unknown effectiveness	<ul style="list-style-type: none"> <li>Open nephrolithotomy in people with renal stones</li> <li>Ureteroscopy in people with renal stones</li> </ul>
Symptomatic ureteric stones	Likely to be beneficial	<ul style="list-style-type: none"> <li>Extracorporeal shockwave lithotripsy (ESWL) in people with mid- and distal ureteric stones</li> </ul>

### ICONS

Characterise the benefits/harms associated with an intervention

### DETAIL

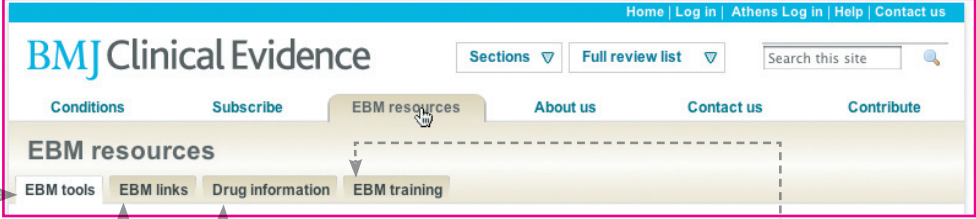
Click the description to access a summary of the intervention, the benefits and harms, and a commentary

Key to icons

	Beneficial		Unlikely to be beneficial
	Likely to be beneficial		Unknown effectiveness
	Trade-off between benefits and harms		Likely to be ineffective or harmful

# Additional resources

*BMJ Clinical Evidence* offers a variety of other resources to help keep you up to date and to help you practice evidence based medicine.



The screenshot shows the BMJ Clinical Evidence website interface. At the top, there is a navigation bar with links for Home, Log in, Athens Log in, Help, and Contact us. Below this is the main header with the site title and a search bar. A secondary navigation bar includes links for Conditions, Subscribe, EBM resources (highlighted), About us, Contact us, and Contribute. The 'EBM resources' section is expanded to show four sub-links: EBM tools, EBM links, Drug information, and EBM training. Dashed lines from these sub-links point to detailed descriptions of each resource below the screenshot.

**EBM TOOLS**  
These tools explain some of the statistical and clinical terms used in *BMJ Clinical Evidence* and introduce the concept of assessing and measuring risk when making clinical decisions

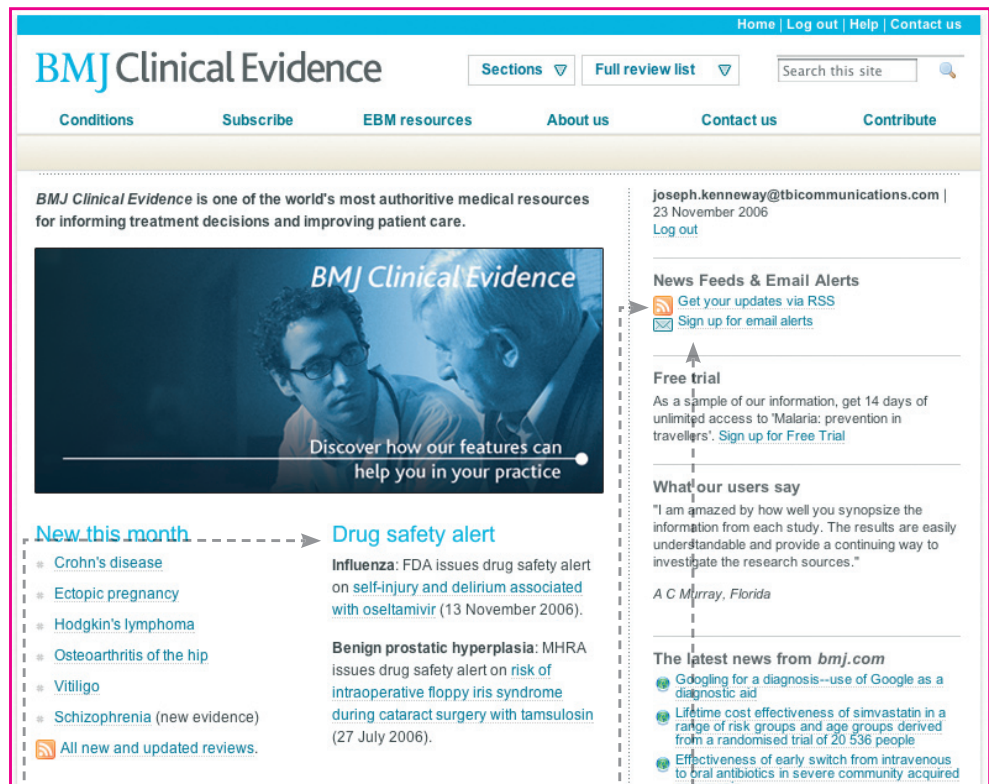
**EBM LINKS**  
Carefully selected links to other evidence based materials, publications, and organisations

**DRUG INFORMATION**  
Links to international sources of high-quality drug information

**EBM TRAINING**  
A selection of free-to-access training modules from *BMJ Learning* to improve your understanding of statistics or diagnostics tests

# News and Alerts

BMJ Clinical Evidence helps you monitor what is happening in the sphere of evidence based medicine, and beyond, with a variety of tools that alert you to new content, findings, and news.



## DRUG SAFETY ALERTS

The latest findings on drug safety feature prominently on the home page

## RSS UPDATES

Access all recent updates in one place

## EMAIL ALERTS

Receive notification when new reviews or updates are added to *BMJ Clinical Evidence*

## NEWS

The latest EBM related news





## BMJ Clinical Evidence

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